



*Mayoral
Proclamation
In Recognition of
Martial Arts Day 2022*

- Whereas** martial arts provide a powerful foundation for emotional development and success skills that last a lifetime; and
- Whereas** the participation in martial arts builds strength, character, focus, flexibility and coordination while enhancing performance in other sports, in the workplace, at home and in school; and
- Whereas** martial arts enhance self, goal setting abilities, anger management and the skills of non-violent conflict resolution in people of all ages, helping them to become more productive and healthy people; and
- Whereas** the 40th Battle of Maine Martial Arts Championships will take place on March 26th and will benefit the Northern Lights Eastern Maine Medical Center, our local Children's Miracle Network Hospital.

Now therefore, I, Jay Coelho, as Mayor of Waterville, Maine, on behalf of the City Council, and the residents of Waterville do hereby proclaim March 26, 2022 as Martial Arts Day.

In Witness Whereof, I do hereby set my hand and seal this 1st day of March, two thousand and twenty-two.

Jay Coelho, Mayor

